



## SYLVESTER 5 DAYS 2023 - DAY 4

Boshoverheide 29.12.2023

KOVZ

**Jeroen HOEKX**

hamok

Omloop : HE

Afstand : 8680m

Tijd : 0:46:40 (5'23"/km) [Punten : 906]

5/22

O.K.

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- |                       |                |
|-----------------------|----------------|
| 1. Simon KREKELS      | 0:42:16 [1000] |
| 2. Toby SCOTT         | 0:43:22 [975]  |
| 3. Christoph PRUNSCHE | 0:43:59 [961]  |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 101 | 00:02:12 |          | 331m | 6'39"/km |
| 2.  | 102 | 00:02:00 | 00:04:12 | 403m | 4'58"/km |
| 3.  | 103 | 00:02:13 | 00:06:25 | 405m | 5'28"/km |
| 4.  | 146 | 00:01:59 | 00:08:24 | 403m | 4'55"/km |
| 5.  | 106 | 00:01:10 | 00:09:34 | 199m | 5'52"/km |
| 6.  | 107 | 00:00:53 | 00:10:27 | 142m | 6'13"/km |
| 7.  | 108 | 00:00:35 | 00:11:02 | 104m | 5'37"/km |
| 8.  | 110 | 00:03:03 | 00:14:05 | 546m | 5'35"/km |
| 9.  | 141 | 00:02:21 | 00:16:26 | 407m | 5'46"/km |
| 10. | 112 | 00:01:48 | 00:18:14 | 337m | 5'20"/km |
| 11. | 113 | 00:04:17 | 00:22:31 | 838m | 5'07"/km |
| 12. | 138 | 00:01:57 | 00:24:28 | 400m | 4'53"/km |
| 13. | 136 | 00:02:07 | 00:26:35 | 406m | 5'13"/km |
| 14. | 133 | 00:02:17 | 00:28:52 | 454m | 5'02"/km |
| 15. | 114 | 00:01:50 | 00:30:42 | 319m | 5'45"/km |
| 16. | 115 | 00:01:58 | 00:32:40 | 353m | 5'34"/km |
| 17. | 116 | 00:01:43 | 00:34:23 | 334m | 5'08"/km |
| 18. | 132 | 00:01:01 | 00:35:24 | 198m | 5'08"/km |
| 19. | 117 | 00:01:13 | 00:36:37 | 221m | 5'30"/km |
| 20. | 119 | 00:02:34 | 00:39:11 | 556m | 4'37"/km |
| 21. | 120 | 00:01:48 | 00:40:59 | 352m | 5'07"/km |
| 22. | 121 | 00:00:36 | 00:41:35 | 111m | 5'24"/km |
| 23. | 122 | 00:00:49 | 00:42:24 | 141m | 5'48"/km |
| 24. | 123 | 00:00:54 | 00:43:18 | 148m | 6'05"/km |
| 25. | 125 | 00:01:13 | 00:44:31 | 189m | 6'26"/km |
| 26. | 126 | 00:01:12 | 00:45:43 | 139m | 8'38"/km |
| 27. | 128 | 00:00:36 | 00:46:19 | 95m  | 6'19"/km |
| 28. | 999 | 00:00:21 | 00:46:40 | 86m  | 4'04"/km |

Orienteering Software