



## SYLVESTER 5 DAYS 2023 - DAY 4

Boshoverheide 29.12.2023

KOVZ

### Robert ZWAHLEN

Zwahlens Seeland

Omloop : H70

Afstand : 3410m

Tijd : 0:36:38 (10'45"/km) [Punten : 862]

5/15

O.K.

[Volledige uitslagen op Webres](#)

- |                       |                |
|-----------------------|----------------|
| 1. Frans WENS         | 0:31:34 [1000] |
| 2. Dominique SCHUTJES | 0:35:17 [895]  |
| 3. Rudy CANTRE        | 0:35:44 [883]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 140 | 00:03:24 |          | 278m | 12'14"/km |
| 2.  | 134 | 00:06:34 | 00:09:58 | 721m | 9'06"/km  |
| 3.  | 133 | 00:02:43 | 00:12:41 | 164m | 16'34"/km |
| 4.  | 116 | 00:03:25 | 00:16:06 | 249m | 13'43"/km |
| 5.  | 117 | 00:02:43 | 00:18:49 | 292m | 9'18"/km  |
| 6.  | 119 | 00:04:35 | 00:23:24 | 556m | 8'15"/km  |
| 7.  | 120 | 00:02:45 | 00:26:09 | 352m | 7'49"/km  |
| 8.  | 130 | 00:04:02 | 00:30:11 | 172m | 23'27"/km |
| 9.  | 124 | 00:02:25 | 00:32:36 | 276m | 8'45"/km  |
| 10. | 126 | 00:01:26 | 00:34:02 |      |           |
| 11. | 127 | 00:00:31 | 00:34:33 |      |           |
| 12. | 128 | 00:01:39 | 00:36:12 | 107m | 15'25"/km |
| 13. | 999 | 00:00:26 | 00:36:38 | 86m  | 5'02"/km  |

HELGA

Orienteering Software