



## SYLVESTER 5 DAYS 2023 - DAY 1

Pijnven Noord 26.12.2023

Omega

**Dirk ZWIKKER**

TROL

Omloop : H75

Afstand : 3290m

Tijd : 0:57:37 (17'31"/km) [Punten : 514]

**12/16**

O.K.

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- |                         |                |
|-------------------------|----------------|
| 1. Freddy SILLIEN       | 0:29:37 [1000] |
| 2. Franz WYSS           | 0:33:40 [880]  |
| 3. Hans Christian STRIB | 0:38:01 [779]  |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 175 | 00:05:52 |          | 228m | 25'44"/km |
| 2.  | 174 | 00:01:10 | 00:07:02 | 105m | 11'07"/km |
| 3.  | 178 | 00:04:24 | 00:11:26 | 156m | 28'12"/km |
| 4.  | 168 | 00:00:48 | 00:12:14 |      |           |
| 5.  | 179 | 00:03:07 | 00:15:21 | 173m | 18'01"/km |
| 6.  | 111 | 00:01:22 | 00:16:43 |      |           |
| 7.  | 113 | 00:01:57 | 00:18:40 | 155m | 12'35"/km |
| 8.  | 123 | 00:07:21 | 00:26:01 | 364m | 20'12"/km |
| 9.  | 122 | 00:03:07 | 00:29:08 | 197m | 15'49"/km |
| 10. | 150 | 00:04:18 | 00:33:26 | 241m | 17'51"/km |
| 11. | 147 | 00:05:27 | 00:38:53 | 277m | 19'41"/km |
| 12. | 151 | 00:05:08 | 00:44:01 | 331m | 15'31"/km |
| 13. | 154 | 00:05:27 | 00:49:28 | 333m | 16'22"/km |
| 14. | 159 | 00:05:17 | 00:54:45 | 319m | 16'34"/km |
| 15. | 169 | 00:01:51 | 00:56:36 | 161m | 11'29"/km |
| 16. | 999 | 00:01:01 | 00:57:37 | 104m | 9'47"/km  |

Orienteering Software