

Entrainement Banneux

Banneux 7.1.2024

Hermathenae

Bruno VANDERMEULEN

CO Liège

Circuit : H:Long

Distance : 6150m (Dénivelé 270m)

Temps : 1:56:54 (19'00"/km)

22/26

O.K.

[Résultats complets sur Webres](#)

1. Arnaud MAZY	0:57:09
2. François HANZEN	1:00:14
3. Ruben JAMSIN	1:03:58

1.	99	00:04:39		249m	18'40"/km
2.	100	00:03:49	00:08:28	149m	25'37"/km
3.	101	00:06:34	00:15:02	210m	31'16"/km
4.	102	00:04:54	00:19:56	226m	21'41"/km
5.	103	00:02:21	00:22:17	111m	21'10"/km
6.	104	00:06:34	00:28:51	249m	26'22"/km
7.	105	00:05:59	00:34:50	265m	22'35"/km
8.	111	00:06:55	00:41:45	591m	11'42"/km
9.	107	00:04:10	00:45:55	265m	15'43"/km
10.	108	00:05:40	00:51:35	228m	24'51"/km
11.	109	00:05:11	00:56:46	222m	23'21"/km
12.	113	00:07:57	01:04:43	254m	31'18"/km
13.	114	00:05:21	01:10:04	266m	20'07"/km
14.	115	00:04:18	01:14:22	249m	17'16"/km
15.	110	00:07:16	01:21:38	359m	20'14"/km
16.	112	00:07:49	01:29:27	406m	19'15"/km
17.	116	00:06:35	01:36:02	358m	18'23"/km
18.	98	00:05:37	01:41:39	260m	21'36"/km
19.	93	00:02:32	01:44:11	216m	11'44"/km
20.	92	00:03:10	01:47:21	290m	10'55"/km
21.	117	00:02:11	01:49:32	169m	12'55"/km
22.	118	00:05:42	01:55:14	343m	16'37"/km
23.	999	00:01:40	01:56:54	124m	13'26"/km

Orienteering Software