



Avondwedstrijd Kelchterhoef Houthalen 12.1.2024 K.O.L.

Helena PLUYMERS

TROL

Omloop : D:02

Afstand : 4490m

Tijd : 1:25:54 (19'08"/km)

5/7

O.K.

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- | | |
|-----------------|---------|
| 1. Ellen DE BIE | 0:59:42 |
| 2. Maria HENKES | 1:06:33 |
| 3. Lore ZOONS | 1:21:11 |

1.	206	00:01:44		99m	17'31"/km
2.	231	00:18:56	00:20:40	209m	90'35"/km
3.	230	00:01:59	00:22:39	205m	9'40"/km
4.	228	00:05:33	00:28:12	353m	15'43"/km
5.	222	00:03:41	00:31:53	314m	11'44"/km
6.	224	00:12:26	00:44:19	386m	32'13"/km
7.	226	00:04:05	00:48:24	251m	16'16"/km
8.	220	00:03:32	00:51:56	378m	9'21"/km
9.	219	00:02:08	00:54:04	208m	10'15"/km
10.	216	00:02:25	00:56:29	255m	9'29"/km
11.	215	00:01:58	00:58:27	127m	15'29"/km
12.	214	00:02:42	01:01:09	181m	14'55"/km
13.	212	00:07:01	01:08:10	304m	23'05"/km
14.	210	00:01:06	01:09:16	137m	8'02"/km
15.	207	00:04:10	01:13:26	166m	25'06"/km
16.	205	00:03:01	01:16:27	214m	14'06"/km
17.	203	00:05:16	01:21:43	218m	24'10"/km
18.	200	00:03:21	01:25:04	373m	8'59"/km
19.	999	00:00:50	01:25:54	108m	7'43"/km

Orienteering Software