



Regionale Hechtelse duinen

HECHTEL 21.1.2024

K.O.L.

Nancy WENDERICKX

hamok

Omloop : D:03

Afstand : 6000m

Tijd : 1:08:09 (11'22"/km)

4/16

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	0:51:06
2. An NUYTS	0:59:41
3. Ellen MOLS	1:00:14

1.	125	00:03:04		304m	10'05"/km
2.	134	00:02:27	00:05:31	165m	14'51"/km
3.	104	00:04:41	00:10:12	620m	7'33"/km
4.	166	00:02:26	00:12:38	253m	9'37"/km
5.	106	00:02:24	00:15:02	123m	19'31"/km
6.	165	00:01:21	00:16:23	119m	11'21"/km
7.	109	00:02:48	00:19:11	242m	11'34"/km
8.	130	00:01:07	00:20:18	137m	8'09"/km
9.	111	00:04:06	00:24:24	423m	9'42"/km
10.	112	00:04:33	00:28:57	155m	29'21"/km
11.	128	00:02:34	00:31:31	237m	10'50"/km
12.	127	00:04:17	00:35:48	365m	11'44"/km
13.	118	00:04:50	00:40:38	567m	8'31"/km
14.	139	00:02:34	00:43:12	213m	12'03"/km
15.	160	00:02:50	00:46:02	185m	15'19"/km
16.	156	00:05:06	00:51:08	525m	9'43"/km
17.	178	00:03:54	00:55:02	127m	30'43"/km
18.	135	00:01:12	00:56:14	64m	18'45"/km
19.	145	00:03:58	01:00:12	377m	10'31"/km
20.	167	00:03:18	01:03:30	212m	15'34"/km
21.	149	00:02:33	01:06:03	313m	8'09"/km
22.	123	00:01:07	01:07:10	121m	9'14"/km
23.	999	00:00:59	01:08:09	159m	6'11"/km

Orienteering Software