



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Pierre-Emmanuel DEMEUSE

CO Liège

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:07:10 (8'35"/km)

9/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:23		711m	6'10"/km
2.	216	00:01:28	00:05:51	202m	7'16"/km
3.	181	00:02:10	00:08:01	90m	24'04"/km
4.	182	00:03:12	00:11:13	443m	7'13"/km
5.	183	00:02:43	00:13:56	216m	12'35"/km
6.	184	00:02:50	00:16:46	338m	8'23"/km
7.	190	00:01:30	00:18:16	179m	8'23"/km
8.	189	00:02:25	00:20:41	196m	12'20"/km
9.	188	00:01:42	00:22:23	203m	8'22"/km
10.	185	00:02:06	00:24:29	228m	9'13"/km
11.	186	00:01:49	00:26:18	266m	6'50"/km
12.	187	00:03:52	00:30:10	446m	8'40"/km
13.	198	00:04:27	00:34:37	463m	9'37"/km
14.	192	00:02:00	00:36:37	277m	7'13"/km
15.	193	00:03:09	00:39:46	187m	16'51"/km
16.	194	00:01:16	00:41:02	152m	8'20"/km
17.	197	00:02:17	00:43:19	373m	6'07"/km
18.	200	00:02:26	00:45:45	245m	9'56"/km
19.	202	00:02:40	00:48:25	281m	9'29"/km
20.	201	00:01:38	00:50:03	165m	9'54"/km
21.	203	00:01:43	00:51:46	209m	8'13"/km
22.	204	00:01:57	00:53:43	197m	9'54"/km
23.	205	00:01:51	00:55:34	294m	6'18"/km
24.	196	00:02:08	00:57:42	239m	8'56"/km
25.	195	00:01:20	00:59:02	187m	7'08"/km
26.	172	00:01:30	01:00:32	206m	7'17"/km
27.	175	00:02:10	01:02:42	226m	9'35"/km
28.	206	00:01:01	01:03:43	145m	7'01"/km
29.	255	00:02:59	01:06:42	369m	8'05"/km
30.	999	00:00:28	01:07:10	95m	4'55"/km