



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Quentin GILLET

CO Liège

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:14:49 (9'33"/km)

17/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:04:59		711m	7'01"/km
2.	216	00:01:35	00:06:34	202m	7'50"/km
3.	181	00:00:55	00:07:29	90m	10'11"/km
4.	182	00:08:47	00:16:16	443m	19'50"/km
5.	183	00:02:09	00:18:25	216m	9'57"/km
6.	184	00:02:44	00:21:09	338m	8'05"/km
7.	190	00:01:37	00:22:46	179m	9'02"/km
8.	189	00:01:18	00:24:04	196m	6'38"/km
9.	188	00:02:12	00:26:16	203m	10'50"/km
10.	185	00:02:35	00:28:51	228m	11'20"/km
11.	186	00:01:37	00:30:28	266m	6'05"/km
12.	187	00:03:56	00:34:24	446m	8'49"/km
13.	198	00:05:00	00:39:24	463m	10'48"/km
14.	192	00:02:37	00:42:01	277m	9'27"/km
15.	193	00:01:26	00:43:27	187m	7'40"/km
16.	194	00:01:14	00:44:41	152m	8'07"/km
17.	197	00:02:35	00:47:16	373m	6'56"/km
18.	200	00:01:40	00:48:56	245m	6'48"/km
19.	202	00:02:42	00:51:38	281m	9'37"/km
20.	201	00:01:47	00:53:25	165m	10'48"/km
21.	203	00:01:37	00:55:02	209m	7'44"/km
22.	204	00:02:50	00:57:52	197m	14'23"/km
23.	205	00:02:32	01:00:24	294m	8'37"/km
24.	196	00:03:02	01:03:26	239m	12'42"/km
25.	195	00:01:13	01:04:39	187m	6'30"/km
26.	172	00:02:02	01:06:41	206m	9'52"/km
27.	175	00:03:12	01:09:53	226m	14'10"/km
28.	206	00:01:06	01:10:59	145m	7'35"/km
29.	255	00:03:18	01:14:17	369m	8'57"/km
30.	999	00:00:32	01:14:49	95m	5'37"/km