



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Dominique STAS

LOST

Circuit : H:Noir Long

Distance : 7830m

Temps : 1:34:32 (12'04"/km)

32/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------------|---------|
| 1. Louis HALTZ | 0:55:32 |
| 2. Jean-Baptiste COLOMB | 0:59:51 |
| 3. Johannes HEINSOO | 1:01:25 |

1.	180	00:05:59		711m	8'25"/km
2.	216	00:02:24	00:08:23	202m	11'53"/km
3.	181	00:05:56	00:14:19	90m	65'56"/km
4.	182	00:03:55	00:18:14	443m	8'50"/km
5.	183	00:02:08	00:20:22	216m	9'53"/km
6.	184	00:03:40	00:24:02	338m	10'51"/km
7.	190	00:02:09	00:26:11	179m	12'01"/km
8.	189	00:03:40	00:29:51	196m	18'42"/km
9.	188	00:02:01	00:31:52	203m	9'56"/km
10.	185	00:02:53	00:34:45	228m	12'39"/km
11.	186	00:02:43	00:37:28	266m	10'13"/km
12.	187	00:05:00	00:42:28	446m	11'13"/km
13.	198	00:06:04	00:48:32	463m	13'06"/km
14.	192	00:02:38	00:51:10	277m	9'30"/km
15.	193	00:02:46	00:53:56	187m	14'48"/km
16.	194	00:01:41	00:55:37	152m	11'04"/km
17.	197	00:03:36	00:59:13	373m	9'39"/km
18.	200	00:02:07	01:01:20	245m	8'38"/km
19.	202	00:03:30	01:04:50	281m	12'27"/km
20.	201	00:02:14	01:07:04	165m	13'32"/km
21.	203	00:02:33	01:09:37	209m	12'12"/km
22.	204	00:02:58	01:12:35	197m	15'04"/km
23.	205	00:03:34	01:16:09	294m	12'08"/km
24.	196	00:03:23	01:19:32	239m	14'09"/km
25.	195	00:01:42	01:21:14	187m	9'05"/km
26.	172	00:03:14	01:24:28	206m	15'42"/km
27.	175	00:03:29	01:27:57	226m	15'25"/km
28.	206	00:01:46	01:29:43	145m	12'11"/km
29.	255	00:04:07	01:33:50	369m	11'09"/km
30.	999	00:00:42	01:34:32	95m	7'22"/km