



Regionale 5 couleurs Groenendaal

Groenendaal 21.1.2024

Altair Orientation

Rudy ROOMAN

Antwerp Orienteers

Circuit : H:Noir Moyen

Distance : 5500m

Temps : 0:58:40 (10'40"/km)

9/24

O.K.

[Résultats complets sur Webres](#)

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| 1. Stefan THIELS | 0:45:55 |
| 2. Serge DUSZA | 0:48:46 |
| 3. Thibaut LAMON | 0:50:05 |

1.	206	00:01:18		181m	7'11"/km
2.	205	00:02:11	00:03:29	278m	7'51"/km
3.	196	00:04:18	00:07:47	239m	17'59"/km
4.	195	00:01:23	00:09:10	187m	7'24"/km
5.	194	00:01:26	00:10:36	157m	9'08"/km
6.	193	00:01:29	00:12:05	152m	9'46"/km
7.	192	00:01:27	00:13:32	187m	7'45"/km
8.	184	00:03:08	00:16:40	367m	8'32"/km
9.	190	00:01:37	00:18:17	179m	9'02"/km
10.	189	00:02:20	00:20:37	196m	11'54"/km
11.	187	00:01:38	00:22:15	161m	10'09"/km
12.	197	00:14:50	00:37:05	525m	28'15"/km
13.	181	00:06:00	00:43:05	591m	10'09"/km
14.	183	00:03:21	00:46:26	436m	7'41"/km
15.	182	00:01:37	00:48:03	216m	7'29"/km
16.	180	00:03:38	00:51:41	481m	7'33"/km
17.	166	00:04:02	00:55:43	499m	8'05"/km
18.	255	00:02:25	00:58:08	370m	6'32"/km
19.	999	00:00:32	00:58:40	95m	5'37"/km

Orienteering Software