



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Joke MOLENAAR

HOC'93

Omloop : 8 KM

Afstand : 7690m

Tijd : 1:43:50 (13'30"/km)

21/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Roelof POSTHOUWER | 0:49:29 |
| 2. Maarten DE VRIES | 0:51:26 |
| 3. Jeroen LIEFRINK | 0:52:05 |

1.	67	00:05:07		381m	13'26"/km
2.	32	00:02:48	00:07:55	228m	12'17"/km
3.	33	00:01:06	00:09:01	97m	11'20"/km
4.	34	00:03:03	00:12:04	241m	12'39"/km
5.	35	00:02:49	00:14:53	205m	13'44"/km
6.	36	00:03:48	00:18:41	296m	12'50"/km
7.	38	00:04:12	00:22:53	302m	13'54"/km
8.	40	00:02:45	00:25:38	207m	13'17"/km
9.	44	00:03:58	00:29:36	326m	12'10"/km
10.	43	00:03:16	00:32:52	266m	12'17"/km
11.	41	00:03:04	00:35:56	116m	26'26"/km
12.	37	00:05:05	00:41:01	352m	14'26"/km
13.	45	00:05:21	00:46:22	256m	20'54"/km
14.	39	00:02:58	00:49:20	195m	15'13"/km
15.	46	00:05:16	00:54:36	436m	12'05"/km
16.	47	00:04:15	00:58:51	304m	13'59"/km
17.	48	00:03:18	01:02:09	257m	12'50"/km
18.	54	00:02:29	01:04:38	223m	11'08"/km
19.	49	00:01:57	01:06:35	189m	10'19"/km
20.	57	00:03:44	01:10:19	284m	13'09"/km
21.	51	00:04:00	01:14:19	333m	12'01"/km
22.	52	00:03:24	01:17:43	322m	10'34"/km
23.	50	00:03:44	01:21:27	259m	14'25"/km
24.	55	00:04:10	01:25:37	345m	12'05"/km
25.	62	00:08:38	01:34:15	609m	14'11"/km
26.	60	00:02:40	01:36:55	186m	14'20"/km
27.	59	00:04:21	01:41:16	287m	15'09"/km
28.	999	00:02:34	01:43:50	188m	13'39"/km

Orienteering Software