



OL Zypendaal-Sonsbeek

Arnhem 28.1.2024

argus

Arne HEIKOOP

HOC'93

Omloop : 5 KM

Afstand : 4940m

Tijd : 0:59:36 (12'04"/km)

24/40

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Vincent VELTHUIS | 0:37:45 |
| 2. Ronald HENDRIKS | 0:41:09 |
| 3. Hanne MOURITS | 0:41:59 |

1.	63	00:03:16		166m	19'41"/km
2.	33	00:06:02	00:09:18	274m	22'01"/km
3.	34	00:02:25	00:11:43	241m	10'02"/km
4.	64	00:01:46	00:13:29	206m	8'35"/km
5.	35	00:01:36	00:15:05	169m	9'28"/km
6.	36	00:02:08	00:17:13	296m	7'12"/km
7.	38	00:03:52	00:21:05	302m	12'48"/km
8.	39	00:02:12	00:23:17	194m	11'20"/km
9.	45	00:01:49	00:25:06	195m	9'19"/km
10.	40	00:03:09	00:28:15	253m	12'27"/km
11.	44	00:03:31	00:31:46	326m	10'47"/km
12.	41	00:02:32	00:34:18	224m	11'19"/km
13.	37	00:04:02	00:38:20	352m	11'28"/km
14.	46	00:04:05	00:42:25	350m	11'40"/km
15.	48	00:04:23	00:46:48	300m	14'37"/km
16.	54	00:02:14	00:49:02	223m	10'01"/km
17.	50	00:04:37	00:53:39	328m	14'05"/km
18.	59	00:04:01	00:57:40	349m	11'31"/km
19.	999	00:01:56	00:59:36	188m	10'17"/km

Orienteering Software