



Militair Regelmatigheidscriterium

Tilff 6.2.2024

CC R&A

Geert SIMKENS

18 Bn Log

Omloop : H:01

Afstand : 8200m

Tijd : 0:55:24 (6'45"/km)

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O.K.

[Volledige uitslagen op Webres](#)

2. Tomy JANSSENS 1:01:26
3. Jasper MOREELS 1:05:31

1.	104	00:01:28		288m	5'06"/km
2.	163	00:00:40	00:02:08		
3.	101	00:01:23	00:03:31	206m	6'43"/km
4.	112	00:01:08	00:04:39	158m	7'10"/km
5.	113	00:01:29	00:06:08	140m	10'36"/km
6.	178	00:00:54	00:07:02	148m	6'05"/km
7.	179	00:00:00	00:07:02	129m	0'00"/km
8.	143	00:02:30	00:09:32	405m	6'10"/km
9.	154	00:02:25	00:11:57	279m	8'40"/km
10.	173	00:02:10	00:14:07	341m	6'21"/km
11.	114	00:01:18	00:15:25	210m	6'11"/km
12.	115	00:01:04	00:16:29	164m	6'30"/km
13.	129	00:03:13	00:19:42	358m	8'59"/km
14.	146	00:02:02	00:21:44	140m	14'31"/km
15.	131	00:03:50	00:25:34	431m	8'54"/km
16.	116	00:03:35	00:29:09	506m	7'05"/km
17.	117	00:01:29	00:30:38	213m	6'58"/km
18.	171	00:01:33	00:32:11	223m	6'57"/km
19.	118	00:01:43	00:33:54	276m	6'13"/km
20.	149	00:00:51	00:34:45	136m	6'15"/km
21.	147	00:02:44	00:37:29	475m	5'45"/km
22.	148	00:01:11	00:38:40	165m	7'10"/km
23.	134	00:01:19	00:39:59	202m	6'31"/km
24.	120	00:01:32	00:41:31	261m	5'52"/km
25.	150	00:01:26	00:42:57	226m	6'21"/km
26.	121	00:01:12	00:44:09	229m	5'14"/km
27.	137	00:01:54	00:46:03	388m	4'54"/km
28.	152	00:02:06	00:48:09	297m	7'04"/km
29.	139	00:01:46	00:49:55	287m	6'09"/km
30.	144	00:03:09	00:53:04	463m	6'48"/km
31.	110	00:00:49	00:53:53	127m	6'26"/km
32.	180	00:01:31	00:55:24	313m	4'51"/km