



Valentijn - Forest cup

KEIHEUVEL - BALEN 11.2.2024

K.O.L.

Dieter SELS

hamok

Omloop : H:02

Afstand : 7290m

Tijd : 1:12:27 (9'56"/km)

32/41

O.K.

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|--------------------|---------|
| 1. Olivier DE SMUL | 0:45:13 |
| 2. Roland VAN LOON | 0:47:13 |
| 3. Bob DE CLEENE | 0:47:47 |

1.	35	00:03:50	374m	10'15"/km
2.	36	00:01:35 00:05:25	102m	15'31"/km
3.	38	00:02:58 00:08:23	176m	16'51"/km
4.	45	00:03:18 00:11:41	403m	8'11"/km
5.	49	00:03:17 00:14:58	346m	9'29"/km
6.	53	00:01:54 00:16:52	245m	7'45"/km
7.	57	00:03:46 00:20:38	488m	7'43"/km
8.	62	00:07:43 00:28:21	333m	23'10"/km
9.	63	00:02:01 00:30:22	216m	9'20"/km
10.	64	00:06:12 00:36:34	839m	7'23"/km
11.	65	00:02:32 00:39:06	295m	8'35"/km
12.	66	00:03:10 00:42:16	323m	9'48"/km
13.	221	00:02:58 00:45:14	354m	8'23"/km
14.	223	00:03:43 00:48:57	427m	8'42"/km
15.	226	00:05:18 00:54:15	708m	7'29"/km
16.	228	00:03:14 00:57:29	381m	8'29"/km
17.	230	00:03:07 01:00:36	218m	14'18"/km
18.	232	00:01:36 01:02:12	83m	19'17"/km
19.	234	00:03:49 01:06:01	407m	9'23"/km
20.	235	00:00:59 01:07:00	99m	9'56"/km
21.	238	00:03:16 01:10:16	243m	13'27"/km
22.	200	00:01:24 01:11:40	120m	11'40"/km
23.	999	00:00:47 01:12:27	114m	6'52"/km

Orienteering Software