



# Valentijn - Forest cup

## KEIHEUVEL - BALEN 11.2.2024

### K.O.L.

**Alfred SIMKENS**

K.O.L.

Omloop : H:04

Afstand : 4480m

Tijd : 0:54:28 (12'09"/km)

**19/31**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Elias COKELAERE  | 0:34:16 |
| 2. Roger BOCKX      | 0:37:04 |
| 3. Patrick WALLAERT | 0:39:56 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 37  | 00:05:20 |          | 251m | 21'15"/km |
| 2.  | 40  | 00:04:50 | 00:10:10 | 203m | 23'49"/km |
| 3.  | 42  | 00:01:35 | 00:11:45 | 118m | 13'25"/km |
| 4.  | 48  | 00:02:36 | 00:14:21 | 299m | 8'42"/km  |
| 5.  | 57  | 00:05:22 | 00:19:43 | 674m | 7'58"/km  |
| 6.  | 58  | 00:01:50 | 00:21:33 | 200m | 9'10"/km  |
| 7.  | 224 | 00:03:50 | 00:25:23 | 371m | 10'20"/km |
| 8.  | 225 | 00:03:15 | 00:28:38 | 294m | 11'03"/km |
| 9.  | 226 | 00:03:46 | 00:32:24 | 444m | 8'29"/km  |
| 10. | 228 | 00:03:18 | 00:35:42 | 381m | 8'40"/km  |
| 11. | 231 | 00:03:13 | 00:38:55 | 262m | 12'17"/km |
| 12. | 233 | 00:01:50 | 00:40:45 | 168m | 10'55"/km |
| 13. | 234 | 00:02:20 | 00:43:05 | 271m | 8'37"/km  |
| 14. | 236 | 00:07:26 | 00:50:31 | 143m | 51'59"/km |
| 15. | 237 | 00:01:16 | 00:51:47 | 115m | 11'01"/km |
| 16. | 200 | 00:01:56 | 00:53:43 | 167m | 11'35"/km |
| 17. | 999 | 00:00:45 | 00:54:28 | 114m | 6'35"/km  |

Orienteering Software