



Training SO Bechefa
SO Bechefa 18.2.2024
OLV Eifel

Serge BAERT

OLV Eifel

Course : H:Schwarz lang

Distance : 6080m

Time : 1:18:07 (12'51"/km)

6/9

O.K.

[Full result on Webres](#)

1. Jérémy BREDO	0:55:33
2. Guido LENGES	0:58:44
3. Klaus SCHWALL	1:01:50

1.	101	00:02:31		318m	7'55"/km
2.	102	00:02:57	00:05:28	310m	9'31"/km
3.	103	00:01:44	00:07:12	170m	10'12"/km
4.	104	00:06:21	00:13:33	565m	11'14"/km
5.	105	00:01:31	00:15:04	109m	13'55"/km
6.	106	00:01:00	00:16:04	144m	6'57"/km
7.	107	00:01:59	00:18:03	132m	15'02"/km
8.	108	00:01:07	00:19:10	174m	6'25"/km
9.	109	00:00:49	00:19:59	107m	7'38"/km
10.	110	00:01:08	00:21:07	111m	10'13"/km
11.	111	00:01:20	00:22:27	131m	10'11"/km
12.	112	00:07:28	00:29:55	220m	33'56"/km
13.	113	00:02:24	00:32:19	231m	10'23"/km
14.	114	00:03:36	00:35:55	414m	8'42"/km
15.	115	00:02:01	00:37:56	195m	10'21"/km
16.	116	00:05:56	00:43:52	182m	32'36"/km
17.	241	00:02:08	00:46:00	211m	10'07"/km
18.	242	00:01:55	00:47:55	192m	9'59"/km
19.	243	00:02:16	00:50:11	167m	13'34"/km
20.	117	00:02:08	00:52:19	121m	17'38"/km
21.	118	00:03:24	00:55:43	371m	9'10"/km
22.	220	00:02:55	00:58:38	221m	13'12"/km
23.	221	00:07:52	01:06:30	238m	33'03"/km
24.	222	00:01:26	01:07:56	104m	13'47"/km
25.	223	00:01:47	01:09:43	142m	12'34"/km
26.	224	00:01:55	01:11:38	115m	16'40"/km
27.	225	00:01:11	01:12:49	113m	10'28"/km
28.	226	00:01:03	01:13:52	113m	9'18"/km
29.	227	00:02:21	01:16:13	180m	13'03"/km
30.	228	00:01:09	01:17:22	149m	7'43"/km
31.	120	00:00:45	01:18:07	130m	5'46"/km