



Avond-O Oostappense heide
Ommel 23.2.2024
KOVZ

Monica ROELING

KOVZ

Omloop : D:IOF 3

Afstand : 3090m

Tijd : 1:03:22 (20'30"/km)

2/5

O.K.

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- | | |
|------------------------|---------|
| 1. Angelique DE GRANDE | 0:52:25 |
| 3. Lieve GEENS | 1:12:50 |

1.	109	00:06:58		216m	32'15"/km
2.	102	00:08:16	00:15:14	303m	27'17"/km
3.	103	00:03:08	00:18:22	117m	26'47"/km
4.	105	00:04:56	00:23:18	310m	15'55"/km
5.	108	00:04:17	00:27:35	179m	23'56"/km
6.	114	00:05:58	00:33:33	439m	13'35"/km
7.	111	00:03:46	00:37:19	232m	16'14"/km
8.	112	00:03:18	00:40:37	180m	18'20"/km
9.	124	00:04:19	00:44:56	226m	19'06"/km
10.	125	00:09:12	00:54:08	267m	34'27"/km
11.	127	00:05:58	01:00:06	416m	14'21"/km
12.	128	00:02:08	01:02:14	118m	18'05"/km
13.	999	00:01:08	01:03:22	86m	13'11"/km

HELGA

Orienteering Software