



# Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

**Serge BAERT**

O.L.V. Eifel

Omloop : H:IOF 1

Afstand : 6190m

Tijd : 1:22:53 (13'23"/km)

**4/11**

O.K.

[Volledige uitslagen op Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Winston FRANSSEN | 0:47:29 |
| 2. Pjotr MERTENS    | 0:56:56 |
| 3. Bart MELLEBECK   | 1:18:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:02:32 |          | 147m | 17'14"/km |
| 2.  | 102 | 00:03:31 | 00:06:03 | 316m | 11'08"/km |
| 3.  | 103 | 00:02:00 | 00:08:03 | 117m | 17'06"/km |
| 4.  | 104 | 00:03:24 | 00:11:27 | 109m | 31'12"/km |
| 5.  | 105 | 00:04:29 | 00:15:56 | 364m | 12'19"/km |
| 6.  | 106 | 00:03:57 | 00:19:53 | 253m | 15'37"/km |
| 7.  | 107 | 00:02:23 | 00:22:16 | 141m | 16'54"/km |
| 8.  | 108 | 00:00:56 | 00:23:12 | 80m  | 11'40"/km |
| 9.  | 104 | 00:03:08 | 00:26:20 | 280m | 11'11"/km |
| 10. | 110 | 00:02:35 | 00:28:55 | 335m | 7'43"/km  |
| 11. | 111 | 00:02:41 | 00:31:36 | 274m | 9'48"/km  |
| 12. | 112 | 00:07:30 | 00:39:06 | 180m | 41'40"/km |
| 13. | 113 | 00:02:52 | 00:41:58 | 215m | 13'20"/km |
| 14. | 114 | 00:02:56 | 00:44:54 | 219m | 13'24"/km |
| 15. | 115 | 00:05:15 | 00:50:09 | 282m | 18'37"/km |
| 16. | 116 | 00:02:15 | 00:52:24 | 299m | 7'32"/km  |
| 17. | 129 | 00:01:53 | 00:54:17 | 154m | 12'14"/km |
| 18. | 120 | 00:02:31 | 00:56:48 |      |           |
| 19. | 117 | 00:01:43 | 00:58:31 |      |           |
| 20. | 118 | 00:01:38 | 01:00:09 | 179m | 9'07"/km  |
| 21. | 119 | 00:01:14 | 01:01:23 | 125m | 9'52"/km  |
| 22. | 120 | 00:00:59 | 01:02:22 | 109m | 9'01"/km  |
| 23. | 131 | 00:01:29 | 01:03:51 | 194m | 7'39"/km  |
| 24. | 122 | 00:02:21 | 01:06:12 | 232m | 10'08"/km |
| 25. | 123 | 00:04:11 | 01:10:23 | 369m | 11'20"/km |
| 26. | 124 | 00:00:43 | 01:11:06 | 84m  | 8'32"/km  |
| 27. | 125 | 00:03:04 | 01:14:10 | 267m | 11'29"/km |
| 28. | 126 | 00:04:33 | 01:18:43 | 276m | 16'29"/km |
| 29. | 127 | 00:01:14 | 01:19:57 | 147m | 8'23"/km  |
| 30. | 128 | 00:02:21 | 01:22:18 | 118m | 19'55"/km |
| 31. | 999 | 00:00:35 | 01:22:53 | 86m  | 6'47"/km  |