



Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

Desmond FRANSSEN

TROL

Omloop : H:Orohydro

Afstand : 6190m

Tijd : 0:42:26 (6'51"/km)

--/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Benjamin ANCIAUX | 0:39:30 |
| 2. Marc SERRALLONGA ARQUES | 0:42:25 |
| 3. Simon KREKELS | 0:44:27 |

1.	101	00:01:15		147m	8'30"/km
2.	102	00:01:54	00:03:09	316m	6'01"/km
3.	103	00:00:47	00:03:56	117m	6'42"/km
4.	104	00:00:39	00:04:35	109m	5'58"/km
5.	105	00:02:01	00:06:36	364m	5'32"/km
6.	106	00:01:20	00:07:56	253m	5'16"/km
7.	107	00:00:46	00:08:42	141m	5'26"/km
8.	108	00:00:44	00:09:26	80m	9'10"/km
9.	104	00:03:39	00:13:05	280m	13'02"/km
10.	110	00:03:12	00:16:17	335m	9'33"/km
11.	111	00:01:58	00:18:15	274m	7'11"/km
12.	112	00:00:59	00:19:14	180m	5'28"/km
13.	113	00:01:27	00:20:41	215m	6'45"/km
14.	114	00:01:25	00:22:06	219m	6'28"/km
15.	115	00:01:45	00:23:51	282m	6'12"/km
16.	116	00:01:51	00:25:42	299m	6'11"/km
17.	129	00:00:55	00:26:37	154m	5'57"/km
18.	117	00:01:15	00:27:52	235m	5'19"/km
19.	118	00:01:09	00:29:01	179m	6'25"/km
20.	119	00:00:45	00:29:46	125m	6'00"/km
21.	120	00:00:50	00:30:36	109m	7'39"/km
22.	131	00:01:07	00:31:43	194m	5'45"/km
23.	122	00:01:43	00:33:26	232m	7'24"/km
24.	123	00:02:22	00:35:48	369m	6'25"/km
25.	124	00:00:34	00:36:22	84m	6'45"/km
26.	125	00:01:38	00:38:00	267m	6'07"/km
27.	126	00:02:03	00:40:03	276m	7'26"/km
28.	127	00:01:13	00:41:16	147m	8'17"/km
29.	128	00:00:42	00:41:58	118m	5'56"/km
30.	999	00:00:28	00:42:26	86m	5'26"/km