



Nationale Lang - SOFT

ZWARTE WEG - LEOPOLDSBURG 3.3.2024

K.O.L.

Gunther DEFERME

hamok

Omloop : H50

Afstand : 7150m

Tijd : 0:59:30 (8'19"/km)

7/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Alain MAZY | 0:48:42 |
| 2. Guido LENGES | 0:51:23 |
| 3. Ronny TIMMERS | 0:51:40 |

1.	153	00:01:41		195m	8'38"/km
2.	200	00:01:45	00:03:26	244m	7'10"/km
3.	201	00:06:49	00:10:15	1062m	6'25"/km
4.	199	00:09:21	00:19:36	471m	19'51"/km
5.	197	00:03:59	00:23:35	531m	7'30"/km
6.	196	00:04:29	00:28:04	543m	8'15"/km
7.	195	00:01:20	00:29:24	174m	7'40"/km
8.	216	00:01:32	00:30:56	187m	8'12"/km
9.	227	00:03:52	00:34:48	560m	6'54"/km
10.	170	00:01:20	00:36:08	194m	6'52"/km
11.	171	00:01:26	00:37:34	208m	6'53"/km
12.	167	00:02:46	00:40:20	346m	8'00"/km
13.	214	00:01:19	00:41:39	191m	6'54"/km
14.	213	00:02:27	00:44:06	316m	7'45"/km
15.	180	00:04:00	00:48:06	445m	8'59"/km
16.	207	00:02:09	00:50:15	259m	8'18"/km
17.	151	00:04:31	00:54:46	570m	7'55"/km
18.	204	00:03:23	00:58:09	440m	7'41"/km
19.	220	00:00:55	00:59:04	84m	10'55"/km
20.	999	00:00:26	00:59:30	128m	3'23"/km

Orienteering Software