



Nationale Lang - SOFT

ZWARTE WEG - LEOPOLDSBURG 3.3.2024

K.O.L.

Jean-Marc GILLET

Omega

Omloop : H50

Afstand : 7150m

Tijd : 1:05:37 (9'11"/km)

12/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Alain MAZY | 0:48:42 |
| 2. Guido LENGES | 0:51:23 |
| 3. Ronny TIMMERS | 0:51:40 |

1.	153	00:01:44		195m	8'53"/km
2.	200	00:02:11	00:03:55	244m	8'57"/km
3.	201	00:07:04	00:10:59	1062m	6'39"/km
4.	199	00:04:05	00:15:04	471m	8'40"/km
5.	197	00:03:56	00:19:00	531m	7'24"/km
6.	196	00:07:36	00:26:36	543m	14'00"/km
7.	195	00:01:58	00:28:34	174m	11'18"/km
8.	216	00:01:57	00:30:31	187m	10'26"/km
9.	227	00:04:17	00:34:48	560m	7'39"/km
10.	170	00:03:32	00:38:20	194m	18'13"/km
11.	171	00:02:21	00:40:41	208m	11'18"/km
12.	167	00:03:46	00:44:27	346m	10'53"/km
13.	214	00:01:30	00:45:57	191m	7'51"/km
14.	213	00:03:10	00:49:07	316m	10'01"/km
15.	180	00:04:19	00:53:26	445m	9'42"/km
16.	207	00:02:02	00:55:28	259m	7'51"/km
17.	151	00:05:22	01:00:50	570m	9'25"/km
18.	204	00:03:22	01:04:12	440m	7'39"/km
19.	220	00:01:02	01:05:14	84m	12'18"/km
20.	999	00:00:23	01:05:37	128m	3'00"/km

Orienteering Software