



Nationale Lang - SOFT

ZWARTE WEG - LEOPOLDSBURG 3.3.2024

K.O.L.

Frank AERDEN

K.O.L.

Omloop : SD

Afstand : 4460m

Tijd : 0:50:59 (11'26"/km)

8/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------------|---------|
| 1. Jorran VAN DER HEIJDEN | 0:35:31 |
| 2. Marc CLAES | 0:41:54 |
| 3. Pim VAN DER WIJK | 0:42:32 |

1.	206	00:03:32		238m	14'51"/km
2.	175	00:02:58	00:06:30	219m	13'33"/km
3.	190	00:02:22	00:08:52	222m	10'40"/km
4.	164	00:04:00	00:12:52	379m	10'33"/km
5.	197	00:05:44	00:18:36	606m	9'28"/km
6.	165	00:02:27	00:21:03	177m	13'51"/km
7.	194	00:02:34	00:23:37	238m	10'47"/km
8.	167	00:01:23	00:25:00	122m	11'20"/km
9.	226	00:01:55	00:26:55	138m	13'53"/km
10.	213	00:03:29	00:30:24	297m	11'44"/km
11.	163	00:01:59	00:32:23	150m	13'13"/km
12.	198	00:02:41	00:35:04	197m	13'37"/km
13.	233	00:03:15	00:38:19	315m	10'19"/km
14.	201	00:02:32	00:40:51	215m	11'47"/km
15.	156	00:02:22	00:43:13	187m	12'39"/km
16.	172	00:01:01	00:44:14	85m	11'58"/km
17.	162	00:04:06	00:48:20	373m	11'00"/km
18.	220	00:02:10	00:50:30	172m	12'36"/km
19.	999	00:00:29	00:50:59	128m	3'47"/km

Orienteering Software