

AOS Groen Kwartier

Berchem 7.3.2024

Antwerp Orienteers

Kris VERDUYCKT

Omega

Course : H:LANG

Distance : 4630m

Time : 0:24:10 (5'13"/km)

16/49

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:17:02 |
| 2. Warre DE CUYPER | 0:17:07 |
| 3. Ruben GRIETENS | 0:18:41 |

1.	32	00:01:05		200m	5'25"/km
2.	33	00:00:44	00:01:49	140m	5'14"/km
3.	46	00:00:32	00:02:21	93m	5'44"/km
4.	47	00:00:13	00:02:34	78m	2'47"/km
5.	39	00:01:27	00:04:01	218m	6'39"/km
6.	38	00:03:24	00:07:25	512m	6'38"/km
7.	40	00:01:57	00:09:22	296m	6'35"/km
8.	41	00:02:13	00:11:35	319m	6'57"/km
9.	42	00:00:19	00:11:54	63m	5'02"/km
10.	43	00:00:31	00:12:25	71m	7'17"/km
11.	44	00:04:27	00:16:52	719m	6'11"/km
12.	45	00:02:00	00:18:52	264m	7'35"/km
13.	36	00:00:21	00:19:13	47m	7'27"/km
14.	35	00:00:12	00:19:25	128m	1'34"/km
15.	48	00:01:30	00:20:55	131m	11'27"/km
16.	34	00:01:00	00:21:55	125m	8'00"/km
17.	49	00:00:15	00:22:10	66m	3'47"/km
18.	37	00:01:47	00:23:57	191m	9'20"/km
19.	31	00:00:14	00:24:11	47m	4'58"/km
20.	999	00:00:00	00:24:11	40m	0'00"/km

Orienteering Software