

Nationale Moyenne Distance

Weris 17.3.2024

Hermathenae

Gunther DEFERME

hamok

Circuit : H50

Distance : 4640m (Dénivelé 125m)

Temps : 0:40:09 (8'39"/km)

5/19

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Guido LENGES | 0:32:43 |
| 2. Olivier DE SMUL | 0:36:38 |
| 3. Alain MAZY | 0:37:14 |

1.	139	00:02:06		270m	7'47"/km
2.	144	00:03:09	00:05:15	424m	7'26"/km
3.	128	00:01:53	00:07:08	230m	8'11"/km
4.	101	00:01:48	00:08:56	172m	10'28"/km
5.	78	00:01:39	00:10:35	209m	7'54"/km
6.	119	00:06:41	00:17:16	819m	8'10"/km
7.	120	00:02:32	00:19:48	242m	10'28"/km
8.	80	00:01:29	00:21:17	77m	19'16"/km
9.	113	00:01:32	00:22:49	105m	14'36"/km
10.	142	00:02:12	00:25:01	271m	8'07"/km
11.	123	00:01:30	00:26:31	131m	11'27"/km
12.	124	00:03:49	00:30:20	385m	9'55"/km
13.	97	00:03:49	00:34:09	419m	9'07"/km
14.	77	00:01:57	00:36:06	252m	7'44"/km
15.	75	00:01:20	00:37:26	168m	7'56"/km
16.	148	00:01:09	00:38:35	152m	7'34"/km
17.	129	00:00:47	00:39:22	84m	9'20"/km
18.	999	00:00:47	00:40:09	151m	5'11"/km

Orienteering Software