

Nationale Moyenne Distance

Weris 17.3.2024

Hermathenae

Jean-Marc GILLET

Omega

Circuit : H50

Distance : 4640m (Dénivelé 125m)

Temps : 0:52:45 (11'22"/km)

11/19

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Guido LENGES | 0:32:43 |
| 2. Olivier DE SMUL | 0:36:38 |
| 3. Alain MAZY | 0:37:14 |

1.	139	00:02:27		270m	9'04"/km
2.	144	00:03:53	00:06:20	424m	9'10"/km
3.	128	00:02:31	00:08:51	230m	10'57"/km
4.	101	00:02:30	00:11:21	172m	14'32"/km
5.	78	00:02:28	00:13:49	209m	11'48"/km
6.	119	00:09:46	00:23:35	819m	11'56"/km
7.	120	00:04:12	00:27:47	242m	17'21"/km
8.	80	00:01:43	00:29:30	77m	22'18"/km
9.	113	00:01:59	00:31:29	105m	18'53"/km
10.	142	00:02:51	00:34:20	271m	10'31"/km
11.	123	00:01:50	00:36:10	131m	14'00"/km
12.	124	00:04:53	00:41:03	385m	12'41"/km
13.	97	00:04:31	00:45:34	419m	10'47"/km
14.	77	00:02:26	00:48:00	252m	9'39"/km
15.	75	00:01:37	00:49:37	168m	9'37"/km
16.	148	00:01:28	00:51:05	152m	9'39"/km
17.	129	00:00:52	00:51:57	84m	10'19"/km
18.	999	00:00:48	00:52:45	151m	5'18"/km

Orienteering Software