



Nationaler Langdistanz - Challenge Oosterlynck

Schlierbach/St.Vith 14.4.2024

O.L.G. St. Vith ARDOC

François VAN DER OUDERAA

ASUB

Strecke : H21

Länge : 11180m (Steigung 365m)

Zeit : 1:21:28 (7'17"/km)

1/4

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Nicolas SPILERS 1:59:34
3. Lennard GHEYSELS 2:18:36

1.	142	00:01:06		83m	13'15"/km
2.	141	00:00:27	00:01:33	78m	5'46"/km
3.	139	00:01:57	00:03:30	107m	18'13"/km
4.	97	00:08:58	00:12:28	1465m	6'07"/km
5.	152	00:03:27	00:15:55	444m	7'46"/km
6.	82	00:03:14	00:19:09	398m	8'07"/km
7.	83	00:01:10	00:20:19	202m	5'47"/km
8.	80	00:01:33	00:21:52	181m	8'34"/km
9.	79	00:03:15	00:25:07	433m	7'30"/km
10.	78	00:01:01	00:26:08	116m	8'46"/km
11.	76	00:01:36	00:27:44	269m	5'57"/km
12.	77	00:01:15	00:28:59	156m	8'01"/km
13.	148	00:09:09	00:38:08	1339m	6'50"/km
14.	93	00:01:07	00:39:15	193m	5'47"/km
15.	84	00:04:49	00:44:04	839m	5'44"/km
16.	90	00:02:07	00:46:11	294m	7'12"/km
17.	101	00:01:38	00:47:49	264m	6'11"/km
18.	98	00:04:24	00:52:13	741m	5'56"/km
19.	112	00:04:46	00:56:59		
20.	149	00:01:07	00:58:06	71m	15'44"/km
21.	115	00:03:47	01:01:53	290m	13'03"/km
22.	146	00:05:32	01:07:25	962m	5'45"/km
23.	145	00:01:08	01:08:33	110m	10'18"/km
24.	144	00:01:21	01:09:54	206m	6'33"/km
25.	143	00:02:05	01:11:59	199m	10'28"/km
26.	126	00:06:25	01:18:24	698m	9'12"/km
27.	137	00:01:00	01:19:24	173m	5'47"/km
28.	138	00:00:42	01:20:06	125m	5'36"/km
29.	165	00:00:48	01:20:54	125m	6'24"/km
30.	999	00:00:34	01:21:28	167m	3'24"/km