

Heaven training

Godbrange 20.4.2024

Luxembourg Orienteering Club

Maggie ROACH

Luxembourg Orienteering Club

Course : Rabbit

Distance : 3200m (Climbing 110m)

Time : 1:01:54,453 (19'21"/km)

1/14

O.K.

[Full result on Webres](#)

2. Yasmin MULLER	1:34:57,093
3. Victoria ZASORINA	2:03:28,312

1.	151	00:08:43		566m	15'24"/km
2.	149	00:04:17	00:13:00	300m	14'17"/km
3.	137	00:07:12	00:20:12	255m	28'14"/km
4.	139	00:04:04	00:24:16	241m	16'52"/km
5.	142	00:04:08	00:28:24	217m	19'03"/km
6.	144	00:02:06	00:30:30	68m	30'53"/km
7.	146	00:01:53	00:32:23	91m	20'42"/km
8.	147	00:04:34	00:36:57	101m	45'13"/km
9.	135	00:11:43	00:48:40	490m	23'55"/km
10.	134	00:03:52	00:52:32	206m	18'46"/km
11.	133	00:03:28	00:56:00	174m	19'55"/km
12.	131	00:03:00	00:59:00	154m	19'29"/km
13.	999	00:02:54	01:01:54	345m	8'24"/km

HELGA

Orienteering Software