



Indoor Outdoor Individueel

Heusden Zolder 20.4.2024

K.O.L.

Yves DE MITS

TROL

Omloop : H:01

Afstand : 5070m

Tijd : 1:09:09 (13'38"/km)

3/7

O.K.

[Volledige uitslagen op Webres](#)

1. Zijie NING 0:46:23
2. Kris VERDUYCKT 0:51:28

1.	38	00:06:07	81m	75'31"/km
2.	53	00:04:27 00:10:34	67m	66'25"/km
3.	45	00:04:50 00:15:24	233m	20'45"/km
4.	62	00:04:14 00:19:38	271m	15'37"/km
5.	36	00:01:25 00:21:03	166m	8'32"/km
6.	57	00:02:04 00:23:07	37m	55'51"/km
7.	39	00:04:09 00:27:16	184m	22'33"/km
8.	40	00:03:12 00:30:28	27m	118'31"/km
9.	51	00:03:19 00:33:47	143m	23'12"/km
10.	58	00:03:51 00:37:38	238m	16'11"/km
11.	42	00:02:01 00:39:39	121m	16'40"/km
12.	32	00:03:06 00:42:45	112m	27'41"/km
13.	226	00:02:08 00:44:53	627m	3'24"/km
14.	239	00:01:40 00:46:33	101m	16'30"/km
15.	231	00:01:05 00:47:38	143m	7'35"/km
16.	228	00:01:25 00:49:03	143m	9'54"/km
17.	221	00:02:30 00:51:33	354m	7'04"/km
18.	216	00:03:07 00:54:40	244m	12'46"/km
19.	211	00:02:47 00:57:27	393m	7'05"/km
20.	212	00:00:18 00:57:45	43m	6'59"/km
21.	210	00:01:22 00:59:07	187m	7'19"/km
22.	214	00:01:39 01:00:46	197m	8'23"/km
23.	224	00:02:59 01:03:45	393m	7'35"/km
24.	233	00:01:12 01:04:57		
25.	234	00:00:39 01:05:36		
26.	230	00:01:16 01:06:52	131m	9'40"/km
27.	217	00:00:31 01:07:23	43m	12'01"/km
28.	219	00:00:41 01:08:04	78m	8'46"/km
29.	220	00:00:43 01:08:47	89m	8'03"/km
30.	999	00:00:22 01:09:09	53m	6'55"/km